



LONDON PROGRAMME:  
ALTERNATIVE DISPUTE RESOLUTION  
(ADR) IN MODERN PRACTICE: STRATEGY,  
PROCESS, AND GLOBAL ENFORCEMENT

5th – 9th OCTOBER 2026

PRESENTED BY:  
ELAHE GHAZINOORI



LONDON PROGRAMME:  
ALTERNATIVE DISPUTE  
RESOLUTION (ADR) IN  
MODERN PRACTICE:  
STRATEGY, PROCESS, AND  
GLOBAL ENFORCEMENT

Presented by UK qualified lawyers

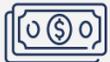


Where Knowledge becomes Confidence

 The Welbeck Hotel  
57-59 Welbeck St  
London W1G 9BL

MONDAY – FRIDAY  5th – 9th OCTOBER 2026

 09:30AM TO 14:30PM

 £4500

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## LONDON PROGRAMME:

### Alternative Dispute Resolution (ADR) in Modern Practice: Strategy, Process, and Global Enforcement



Alternative Dispute Resolution (ADR) has become an essential component of modern dispute management in both domestic and cross-border contexts. Businesses, governments, and international organisations increasingly rely on mediation, arbitration, and negotiated settlement to manage risk, reduce cost and delay, and preserve commercial relationships.

This intensive five-day programme provides a practical and internationally relevant understanding of how ADR mechanisms operate and how they should be used strategically. Participants will explore mediation, arbitration, negotiation, and hybrid processes within a structured framework that emphasises decision-making, risk management, and enforceability.

The programme also examines the international legal architecture supporting ADR, including the UNCITRAL Model Law and the New York Convention 1958 on the Recognition and Enforcement of Arbitral Awards. The course equips participants with the knowledge required to evaluate, select, and implement appropriate dispute resolution strategies in commercial and international settings.

This programme is suitable for lawyers, in-house counsel, commercial managers, executives, and professionals responsible for managing disputes or drafting dispute resolution clauses.



# LONDON PROGRAMME:

Alternative Dispute Resolution (ADR) in Modern Practice: Strategy, Process, and Global Enforcement



## Day 01

### Foundations of ADR

● Focus: Strategic knowledge and drafting of ADR processes in contracts.

Evolution of dispute resolution: litigation vs ADR

Advantages and limitations of ADR

• Purpose and objectives of ADR

Suitability of disputes for ADR

Types of ADR mechanisms and their characteristics

Multi-tiered dispute resolution clauses

● Practical Work:

Strategic selection of dispute resolution mechanisms

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# Day 02

## Mediation and Negotiation in Practice

● Focus: Practical skills for conducting, negotiating, and formalizing mediated settlements.

Principles and stages of mediation

Negotiation strategies and settlement techniques

Role of the mediator and party autonomy

Drafting settlement agreements

Confidentiality and without-prejudice principles

Enforceability of mediated settlements

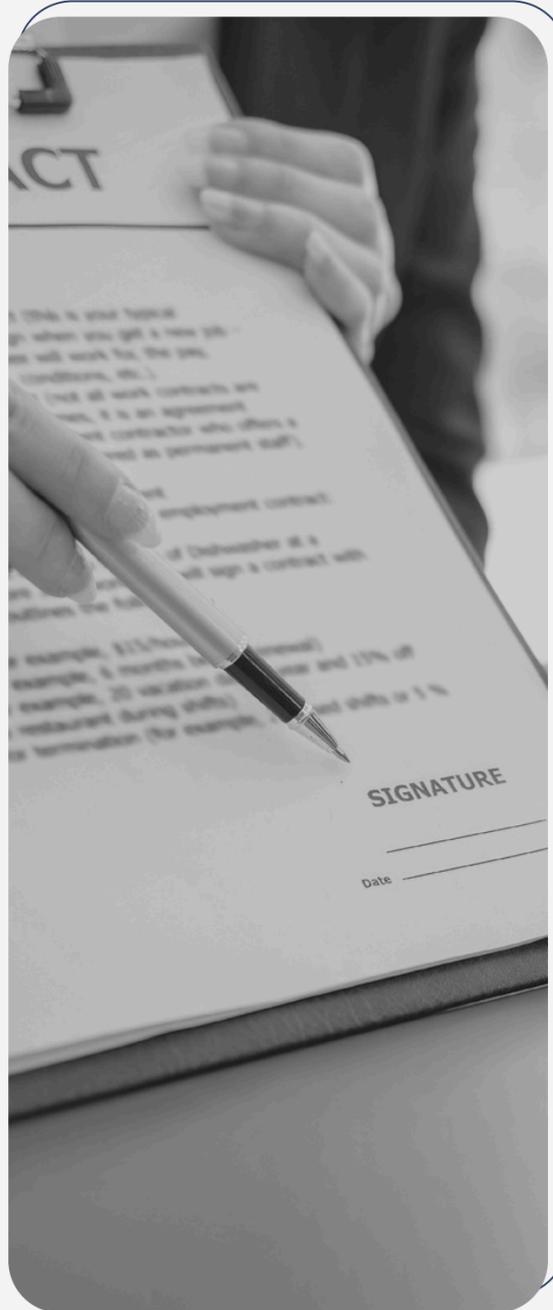
● Practical Work:

Practical case analysis.



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# Day 03

## Arbitration: Legal Framework and Structure

Focus: International arbitration drafting and enforceability in cross-border disputes.

Arbitration compared to court litigation

Overview of major arbitral institutions

Arbitration agreements and essential drafting elements

The New York Convention 1958 and enforcement of arbitral awards

UNCITRAL Model Law and its global influence

Recognition and enforcement across jurisdictions

Institutional vs ad hoc arbitration

Practical Work:

Group discussion.

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# Day 04

## Conducting and Managing Arbitration Proceedings

Focus: Hands-on procedural and strategic skills for conducting arbitration effectively.

Commencing arbitration proceedings

Managing costs and procedural timelines

Constitution and role of the arbitral tribunal

Procedural flexibility and party autonomy

Preparation for arbitration hearings

- Written submissions
- Evidence and document production
- Witness and expert preparation

Practical Work:

Practical arbitration scenario discussion.

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# Day 05

## Awards, Enforcement, and Challenges

Focus: Ensuring enforceable, well-structured arbitration outcomes while managing legal and practical risks internationally.

Drafting and structure of arbitral awards

Interaction between national arbitration laws and international conventions

Enforcement of arbitral awards under the New York Convention

Risk management through ADR clauses

Grounds for refusing enforcement

Future developments in ADR and international dispute resolution

Challenging and setting aside arbitral awards

Practical Work:

Group discussion.



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## Learning Outcome

By the end of the course, participants will be able to:

- Understand the role and strategic relevance of ADR in modern dispute resolution.
- Distinguish between mediation, arbitration, negotiation, and hybrid mechanisms.
- Draft and evaluate effective ADR and arbitration clauses.

- Understand the international arbitration framework, including UNCITRAL and the New York Convention 1958.
- Prepare effectively for arbitration proceedings and hearings.
- Assess enforcement and challenge mechanisms for arbitral awards across jurisdictions.

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### Our Training Strategy

is based on personalised learning, where we aim to develop the competence of every delegate by actively engaging them in the course.

### EMG Associates' Principal Presenter:

Elahe Ghazinoori is a Non-Practising Solicitor, Founder, Director, and Principal presenter at EMG Associates, with over 20 years of experience in professional legal training. She specialises in business and commercial law, contract drafting, dispute resolution, and cross border legal practice, and works extensively with professionals from civil law and common law jurisdictions to develop practical skills for international transactions and disputes.

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## Accreditation:

EMG Associates (UK) Limited is authorised to provide Continuing Professional Development (CPD) by the Solicitors Regulation Authority (SRA) and the Dubai Government Legal Affairs Department (GLAD). Participation in this programme may therefore be counted towards applicable CPD/CLPD requirements, subject to the relevant professional rules.

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